

UPDATED

Week-at-a-Glance

Handmaker 2022

WEEK 1 REGULAR *

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R E A K F A S T	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL CONFETTI EGGS ENGLISH MUFFIN FRESH FRUIT MARGARINE	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL PANCAKES SCRAMBLED EGG FRESH FRUIT SYRUP MARGARINE	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL BREAKFAST TACOS OBRIEN POTATOES FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL EGG BURRITO HASHBROWNS/GREEN ONIONS FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL VEGETABLE FRITTATA MUFFIN FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL BISCUIT COUNTRY GRAVY SCRAMBLED EGG FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL WAFFLE CHEESEY EGGS & CHIVES FRESH FRUIT SYRUP
A L T	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST
N O O N	ASSORTED JUICE MILK 2% BEVERAGE BROCCOLI & CHEESE SOUP QUESADILLA TORTILLA CHIPS SALSA SIDE SALAD ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE CRM OF MUSHROOM SOUP BEAN & CHEESE BURRITO FIESTA RICE BUTTERED CORN ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE CREAMY KALE/WHITE BEAN SOUP CHICKPEA SALAD SANDWICH COUSCOUS COLESLAW ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE POTATO CORN CHOWDER CHEESE STUFFED SHELLS/SC GREEN BEANS/TOMATOES TOAST ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE TOMATO NOODLE SOUP BAKED FISH/LEMON-DILL SCE CREAMY MASHED POTATOES BABY CORN & GREEN BEANS ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE WHITE BEAN & CABBAGE SOUP HAWAIIAN PIZZA SIDE SALAD/DRESSING ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE VEGETABLE RICE SOUP CHEESY STUFFED PEPPER MASHED POTATOES CARROTS/DILL SAUCE ICE CREAM CUP
A L T	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU
E V E N I N G	ASSORTED JUICE BEVERAGE CHICKEN NOODLE SOUP HAMBURGER STEAK/GRVY FLUFFY SWEET POTATOES CAPRI BLEND VEG LEMON CAKE	ASSORTED JUICE BEVERAGE FRENCH ONION SOUP HOT DOG POTATO WEDGES PEA SALAD PINEAPPLE UPSIDE DOWN CAKE	ASSORTED JUICE BEVERAGE TOMATO BASIL SOUP MEATLOAF BAKED POTATO HALF GREEN BEAN CASSEROLE BANANA CREAM PIE	ASSORTED JUICE BEVERAGE BLACK BEAN SOUP BEEF BURGUNDY MASHED POTATOES BROCCOLI CUTS STRAWBERRY CAKE	ASSORTED JUICE BEVERAGE SPLIT PEA SOUP HONEY BAKED CHICKEN POTATO SALAD CREAMY CUCUMBER SALAD CHOCOLATE CHIP CAKE	ASSORTED JUICE CHICKEN MATZO BALL SOUP BEEF BRISKET/GRVY POTATO KUGEL CARROT TZIMMES FRUIT CRISP	ASSORTED JUICE BEVERAGE CABBAGE & BEEF SOUP BBQ CHICKEN COUSCOUS MIXED VEGETABLES SPICE CAKE
A L T	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU

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Notes:
Kosher menus use appropriate Kosher products.
Alternate menu items available - see Dairy and Meat Alternative Menus
Fresh fruit, fruit juice, vegetable juice and salad available at all meals.
Milk available at breakfast and lunch.

Menus Approved By:
Dates: 1/30/22, 2/27/22, 3/27/22, 4/24/22, 5/22/22, 6/19/22, 7/17/22, 8/14/22, 9/11/22, 10/9/22, 11/6/22, 12/4/22

Week-at-a-Glance

Handmaker 2022

WEEK 2 REGULAR *

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL CONFETTI EGGS ENGLISH MUFFIN FRESH FRUIT SYRUP	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL PANGAKES SCRAMBLED EGG FRESH FRUIT MARGARINE SYRUP	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL BREAKFAST TACOS OBRIEN POTATOES FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL EGG BURRITO HASHBROWNS/GREEN ONIONS FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL VEGETABLE FRITTATA MUFFIN FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL BISCUIT COUNTRY GRAVY SCRAMBLED EGG FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL WAFFLE CHEESEY EGGS & CHIVES FRESH FRUIT SYRUP
ALTERNATE	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST
NOON	ASSORTED JUICE MILK 2% BEVERAGE BROCCOLI & CHEESE SOUP CHEESE BLINTZES BERRY SAUCE WALDORF SALAD CORNBREAD ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE CRM OF MUSHROOM SOUP PENNE & CHEESE BREAD STICK GREEN PEAS ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE CREAMY KALE/WHITE BEAN SOUP TUNA NOODLE CASSEROLE BROCCOLI CUTS CORNBREAD ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE POTATO CORN CHOWDER GLAZED TERIYAKI SALMON STEAMED RICE BROCCOLI/LEMON SAUCE ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE TOMATO NOODLE SOUP CORN/BLACK BEAN QUESADILLA SPANISH RICE COLESLAW ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE WHITE BEAN & CABBAGE SOUP PIZZA CAESAR SALAD ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE VEGETABLE RICE SOUP EGG SALAD/CROISSANT HONEY MUSTARD POTATO SALAD PEA SALAD ICE CREAM CUP
ALTERNATE	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU
EVENING	ASSORTED JUICE BEVERAGE CHICKEN NOODLE SOUP BEEF PEPPER STK/MUSHROOMS GARLIC MASHED POTATOES CALIFORNIA BLEND VEG FRESH BAKED COOKIE	ASSORTED JUICE BEVERAGE FRENCH ONION SOUP ORANGE GLAZED CHICKEN FRIED RICE FAJITA VEGETABLES WHITE CAKE	ASSORTED JUICE BEVERAGE TOMATO BASIL SOUP CHICKEN FAJITA SEAS YELLOW SQUASH TORTILLA SNICKERDOODLE CAKE	ASSORTED JUICE BEVERAGE BLACK BEAN SOUP BEEF & BROCCOLI STIR FRY SCALLION LO MEIN CHOCOLATE CAKE	ASSORTED JUICE BEVERAGE SPLIT PEA SOUP CHICKEN SALAD SAND/WHEAT BOWTIE PASTA SALAD CREAMY CUCUMBER SALAD YELLOW CAKE/CHOC ICING	ASSORTED JUICE BEVERAGE CHICKEN BROTH/MATZO BALLS CABBAGE ROLL CASSEROLE BAKED POTATO HALF BROCCOLI & CARROTS FRESH BAKED COOKIE	ASSORTED JUICE BEVERAGE CABBAGE/BEEF SOUP CREAMED TURKEY/BISCUIT HONEY GLAZED CARROTS COCONUT CAKE
ALTERNATE	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU

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Notes:
Kosher menus use appropriate Kosher products.
Alternate menu items available - see Dairy and Meat Alternative Menus
Fresh fruit, fruit juice, vegetable juice and salad available at all meals.
Milk available at breakfast and lunch.

Menus Approved By:
Dates: 2/6/22, 3/6/22, 4/3/22, 5/1/22, 5/29/22, 6/26/22, 7/24/22, 8/21/22, 9/18/22, 10/16/22, 11/13/22, 12/11/22

WEEK 3 REGULAR *

Handmaker 2022

Week-at-a-Glance

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
M	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL CONFETTI EGGS ENGLISH MUFFIN FRESH FRUIT MARGARINE SYRUP	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL PANCAKES SCRAMBLED EGG FRESH FRUIT MARGARINE SYRUP	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL BREAKFAST TACOS OBRIEN POTATOES FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE EGG BURRITO HASHBROWNS/GREEN ONIONS FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL VEGETABLE FRITTATA MUFFIN FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL BISCUIT COUNTRY GRAVY SCRAMBLED EGG FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL WAFFLE CHEESEY EGGS & CHIVES FRESH FRUIT SYRUP	
A	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	
N	ASSORTED JUICE MILK 2% BEVERAGE BROCCOLI & CHEESE SOUP TUNA NOODLE CASSEROLE MIXED VEGETABLES BISCUIT ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE CRM OF MUSHROOM SOUP BEAN & CHEESE TOSTADA SPANISH RICE MIXED VEGETABLES FRESH BAKED COOKIE	ASSORTED JUICE MILK 2% BEVERAGE CREAMY KALE/WHITE BEAN SOUP ENCHILADA CASSEROLE CARROT RICE GREEN BEANS ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE POTATO CORN CHOWDER MACARONI & CHEESE PEAS/PEARL ONIONS GARLIC BREAD ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE TOMATO NOODLE SOUP CHEESE PIZZA SPINACH SALAD ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE WHITE BEAN & CABBAGE SOUP VEGETABLE LASAGNA SIDE SALAD/DRESSING ROLL ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE VEGETABLE RICE SOUP LATKES APPLESAUCE/SOUR CREAM HARD BOILED EGG GLAZED CARROTS ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE VEGETABLE RICE SOUP LATKES APPLESAUCE/SOUR CREAM HARD BOILED EGG GLAZED CARROTS ICE CREAM CUP
A	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	
E	ASSORTED JUICE BEVERAGE CHICKEN NOODLE SOUP SPAGHETTI/MEATSAUCE MIXED VEGETABLES FRENCH ROLL LEMON CAKE	ASSORTED JUICE BEVERAGE FRENCH ONION SOUP FAJITA STEAK WITH PEPPERS FAJITA VEGETABLES TORTILLA PINEAPPLE UPSIDE DOWN CAKE	ASSORTED JUICE BEVERAGE TOMATO BASIL SOUP BBQ BEEF BRISKET/SCE DIJON POTATOES COLESLAW BANANA CREAM PIE	ASSORTED JUICE BEVERAGE BLACK BEAN SOUP BBQ MEATBALLS RICE PILAF BROCCOLI CUTS STRAWBERRY CAKE	ASSORTED JUICE BEVERAGE SPLIT PEA SOUP BBQ CHICKEN BAKED POTATO HALF PEAS & CARROTS CHOCOLATE CHIP CAKE	ASSORTED JUICE BEVERAGE CHICKEN MATZO BALL SOUP ROAST BEEF/GRVY CREOLE POTATOES BABY CORN & GREEN BEANS FRUIT CRISP	ASSORTED JUICE BEVERAGE CABBAGE/BEEF SOUP DELI REUBEN SANDWICH POTATO SALAD COLESLAW SPICE CAKE	ASSORTED JUICE BEVERAGE CABBAGE/BEEF SOUP DELI REUBEN SANDWICH POTATO SALAD COLESLAW SPICE CAKE
A	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	

Notes:
Kosher menus use appropriate Kosher products.
Alternate menu items available - see Dairy and Meat Alternative
Menus
Fresh fruit, fruit juice, vegetable juice and salad available at all
meals.
Milk available at breakfast and lunch.

Menus Approved By:
Dates: 2/13/22, 3/13/22, 4/10/22, 5/8/22, 6/5/22, 7/3/22, 7/31/22, 8/28/22, 9/26/22, 10/23/22,
11/20/22, 12/18/22

Handmaker 2022

Week-at-a-Glance

WEEK 4 REGULAR *	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
M	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL CONFETTI EGGS ENGLISH MUFFIN FRESH FRUIT MARGARINE SYRUP	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL PANCAKES SCRAMBLED EGG FRESH FRUIT SYRUP MARGARINE	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL BREAKFAST TACOS OBRIEN POTATOES FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL EGG BURRITO HASHBROWNS/GREEN ONIONS FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL VEGETABLE FRITTATA MUFFIN FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL BISCUIT COUNTRY GRAVY SCRAMBLED EGG FRESH FRUIT	ASSORTED JUICE MILK 2% BEVERAGE CHOICE OF CEREAL WAFFLE CHEESEY EGGS & CHIVES FRESH FRUIT SYRUP	
B	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	COOKED TO ORDER EGGS/TOAST	
R	ASSORTED JUICE MILK 2% BEVERAGE BROCCOLI & CHEESE SOUP CHEESE BLINTZES BERRY SAUCE MANDARIN ORANGE SALAD CORNBREAD ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE CRM OF MUSHROOM SOUP BAKED ZITI GARLIC BREAD MIXED VEGETABLES ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE CREAMY KALE/WHITE BEAN SOUP FISH FILLET SANDWICH MASHED POTATOES COLESLAW ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE POTATO CORN CHOWDER CHEESE PIZZA GARDEN SALAD ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE TOMATO NOODLE SOUP RAVIOLI ALFREDO CHEESY SPINACH GARLIC BREAD ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE WHITE BEAN & CABBAGE SOUP VEGGIE BURGER POTATO WEDGES CREAMY CUCUMBER SALAD ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE VEGETABLE RICE SOUP CHILE RELLENOS CASSEROLE MIXED VEGETABLES ROLL ICE CREAM CUP	ASSORTED JUICE MILK 2% BEVERAGE VEGETABLE RICE SOUP CHILE RELLENOS CASSEROLE MIXED VEGETABLES ROLL ICE CREAM CUP
E	ASSORTED JUICE BEVERAGE CHICKEN NOODLE SOUP CORNED BEEF HASH THREE BEAN SALAD TOAST FRESH BAKED COOKIE	BEVERAGE ASSORTED JUICE FRENCH ONION SOUP ROAST TURKEY W/GRAVY HERB PASTA BROCCOLI & CARROTS WHITE CAKE	ASSORTED JUICE BEVERAGE TOMATO BASIL SOUP SLOPPY JOE SWEET POTATOES MIXED VEGETABLES SNICKERDOODLE CAKE	ASSORTED JUICE BEVERAGE BLACK BEAN SOUP GARLIC HERB CHICKEN MASHED POTATOES/GRVY CALIFORNIA BLEND VEG CHOCOLATE CAKE	ASSORTED JUICE BEVERAGE SPLIT PEA SOUP BEEF POT PIE BAKED POTATO HALF GREEN BEANS YELLOW CAKE/CHOC ICING	BEVERAGE CHICKEN MATZO BALL SOUP CITRUS ROASTED CHICKEN COCONUT RICE TROPICAL COLESLAW FRESH BAKED COOKIE	ASSORTED JUICE BEVERAGE CABBAGE/BEEF SOUP CREAMED TURKEY/BISCUIT GLAZED CARROTS COCONUT CAKE	ASSORTED JUICE BEVERAGE CABBAGE/BEEF SOUP CREAMED TURKEY/BISCUIT GLAZED CARROTS COCONUT CAKE
A	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	
L	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	
T	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	SEE A LA CARTE MENU	

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Notes:
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Alternate menu items available - see Dairy and Meat Alternative Menus
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Milk available at breakfast and lunch.

Menus Approved By:
Dates:2/20/22,3/20/22,4/17/22,5/15/22,6/12/22,7/10/22,8/7/22,9/4/22,10/2/22,10/30/22,11/27/22,12/25/22